1.one-child policy

**Cause**

**(1)observational:** China's population is too large and its labor force is too large to solve the problems of employment, clothing, food and development. Therefore, population growth should be controlled.

**(2)statistics:** According to the data of the State Statistics Administration, the one-child policy will reduce the negative impact on society, economy and other aspects.

**(3)common sense:** The only-child family has the richest life. General eugenics have improved the population quality of the next generation. Parents have more time, energy and choices.

**(4)expert opinion:** The state promotes family planning to make the population growth adapt to the economic and social development plan, and encourages a couple to have one child.

**Effects**

**Benefits:**

(1) Rapid population growth has been brought under control, easing the demand for environment and resources due to overpopulation.

(2) There is only child allowance, and the pressure to support children is small.

**Disadvantages:**

(1) The aging population is serious.

(2) Children are lonely and under great pressure. If they encounter misfortune, when they reach middle age and have no children, their hearts will suffer.

**2.Two-child policy**

**Effects**

**Benefits:**

(1) Short-term consumption can be directly stimulated. In the long run, it is conducive to stabilizing economic growth expectations.

(2) Follow the law of population development and conform to the expectations of the people.

(3) It is conducive to optimizing the population structure and maintaining the vitality of economic and social development.

(4) Promoting family happiness and social harmony.

(5) Alleviate the trend of population aging.

**Disadvantages:**

(1) Individual family burden will also become heavier.

(2) It has increased the pressure the only child of this generation will face in the future.

(3) China's environmental capacity, financial expenditure and public welfare system will all face challenges.

**Name：杨庆（yangqing） ID：201822090316**